

# COMPOST TAG

(Adapted from SF Environment, [www.sfenvironment.com](http://www.sfenvironment.com))

## Grades K-5

### Lesson Summary

Students will play a game that will reinforce their knowledge of what materials can and cannot be composted.

### Overview

In this lesson, students will:

- Determine what items are biodegradable.
- Learn how all biodegradable items can be composted.



### Time

20-30 minutes

### Background

Everything on this planet that was once alive eventually decomposes or breaks down into simple matter. This is called **biodegradation**. Whether from the plant or animal kingdom, all living things are **biodegradable**. Biodegradable materials include leaves, twigs, paper, cardboard, straw, bones, meat, dairy, fruit, vegetables and grains. Some less common biodegradable materials are dryer lint, kelp, junk mail, old cotton clothes and towels. Though some of these items are better off being reused or recycled (like old clothes, paper or cardboard), all of them can be composted.



In the Food to Flowers! program, all biodegradable materials can go into the compost toter to eventually be turned into compost - a nutrient rich fertilizer. Schools that offer Food to Flowers! can compost all their food scraps, food-soiled papers (like napkins and paper containers) and milk and juice cartons. They can also compost paper towels from the bathrooms, waxed paper cups and Popsicle sticks. While school paper and clean, cardboard boxes can be composted, it is best if they are placed in the recycling bin to be recycled into new paper products. Only when paper products are soiled with food should they be composted.

**Non-biodegradable** items that cannot decompose or be composted include metals like tin and aluminum, glass and petroleum products like plastic. These items do not decay and should be reused or recycled.

### Vocabulary

- Decompose
- Biodegradable
- Non-biodegradable
- Compost

### Materials Needed

- *The Dirt on Composting* - Fact Sheet
- One (1) soft ball or bean bag

## Preparation

- Read background information and Fact Sheet (optional)

## Pre-Activity Questions

Ask students:

1. What does “biodegradable” mean? (*“bio” means life, “degradable” means able to break down or decay.*)
2. What items are biodegradable? (*all things from the plant and animal kingdom, like: paper, straw, leaves, bones, meat, dairy, fruits, vegetables, grains, junk mail and old cotton clothes and towels.*)
3. What is composting? (*Composting is when we put food scraps and yard debris into an outdoor pile, worm bin or composting toter (that’s delivered to a composting facility) so they can break down into nutrient rich fertilizer. All biodegradable items can be composted.*)
4. Even though all biodegradable items can be composted, is it better to compost a piece of school paper or recycle it? Why? (*When paper is clean - like school paper - it is best to recycle it, because then it can be made into new paper and help save trees. Only when paper is dirty with food should it be composted. Dirty paper, like used paper napkins, cannot be recycled.*)
5. What about an old cotton t-shirt that has been outgrown? Is it better to compost it or reuse it by giving it to someone else to wear? (*If possible, it is always better to reuse something rather than recycle or compost it. Only when something like a t-shirt is worn out and can’t be used anymore, even for rags, should it be composted.*)
6. Are aluminum cans, glass bottles and plastic bottles biodegradable? Why not? (*No. They are made from materials like minerals and oil that do not decay.*)
7. Since these items cannot be composted, what should be done with them? (*All cans and bottles can be recycled.*)

## Procedure

1. Ask students to list biodegradable items that can be composted and write their answers on the board. Do this for 2-3 minutes. You may also want to list items that cannot be composted. Erase answers when done.
2. Tell students they will be playing a game. Stand them in a circle (*outdoors or indoors.*)
3. Call out a student’s name along with something that can be composted: “Ruby, Banana Peel!” Toss bean bag or roll or toss the ball to the participant named and then sit down. Students continue in this fashion, calling out compostable materials and tossing or rolling the ball to the named student until everyone is sitting.
4. Now the tag part can begin. One student volunteers to start by going to the middle of the circle and being “it.” The student who is “it” must tag the person with the ball before the ball is tossed. The person throwing the ball names something that can be composted and then throws it to someone else before being tagged. If the person with the ball doesn’t name something before s/he throws the ball, s/he will be tagged, become “it” and change places with the student in the middle. The game is over when all students have had a chance to be “it.”

